

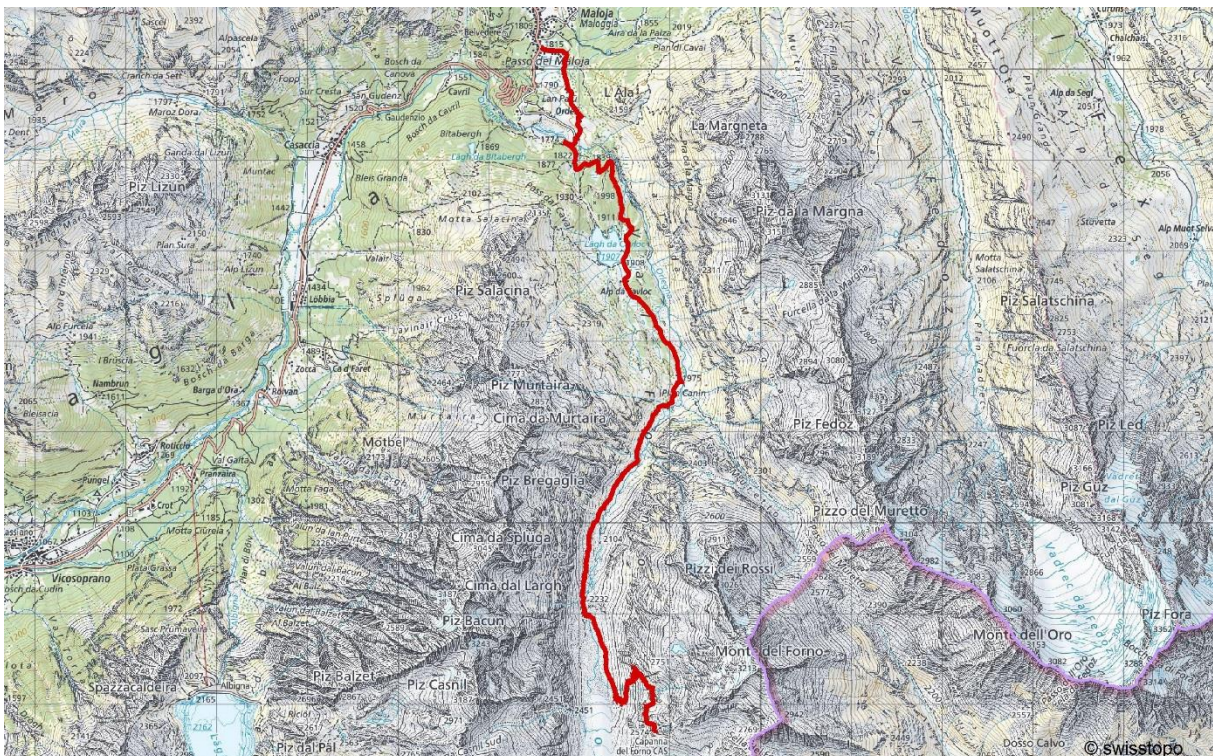
Sentiero Bernina Sud

Hiking from Val Forno to Val Poschiavo



Day 1: Maloja – Lägħ da Cavloc – Plan Canin – Val Forno – Forno Hut (4–5h)

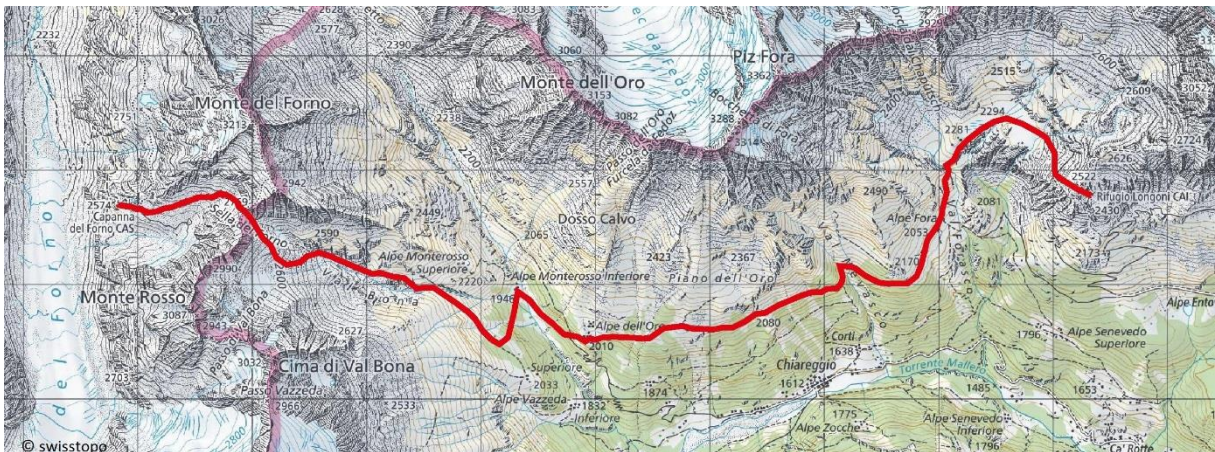
Starting in Maloja (1803m, village situated on the mountain pass of the same name), follow the trail to the Forno Hut up to the idyllic Lägħ da Cavloc (Lake Cavloc, restaurant). Continue to Plan Canin, the next waypoint, where Val Forno (on the right hand) forks from Val Muretto (left hand). From here, follow the most direct trail to the Forno Hut (2574m) through Val Forno's gorgeous scenery. Thanks to the straightfoward trail routing and clear trail markings, the hut can be reached without any notable difficulties.





Day 2: Forno Hut – Sella del Forno – Alpe dell’Oro – Longoni Hut (6h)

From the Forno Hut, ascend towards the E and traverse the Sella del Forno (2769m, border to Italy). Following the markings, descend to Val Bona, cross a bridge and continue the descent down to a collapsed Alpine hut situated at about 2000m (trail fork, signpost). From there continue on the left-hand trail which leads down to Alpe Monterosso inferiore and a short re-ascend to Alpe dell’Oro (splendid view to Val Malenco and to Monte Disgrazia). From there enjoy the beautiful flowery trail to Alpe Fora. The ensuing section leads shortly to the Rifugio Longoni (2450m).





Day 3: Longoni Hut – Forcella d’Entova – Alpe Musella – Zoia Hut (6h)

From Rifugio Longoni reach Forcella d’Entova (2831m) and walk down to the wild Vallone dello Scerscen (Scerscen Valley), enjoying the incredible panoramic view of the Bernina Group! Arriving at the Cimitero degli Alpini (Alpine Graveyard), 2370m, follow the trail past former asbestos mines until Alpe Musella (2020 m), where it’s possible to take a break in one of the two mountain huts located there. The hike continues until Campo Moro, beside the Campo Moro lake. Walk over the dam and finally reach Rifugio Zoia (2021m).





Day 4: Zoia Hut – Passo di Campagneda – Alpe Selva – Poschiavo (5–6h)

From Rifugio Zoia, reach Alpe Campagneda easily and continue in the direction of Passo di Campagneda, walking beside the wonderful Campagneda Lakes. Passo di Campagneda (2626m) is the highest point of this day. From here, reach Passo di Canciano in a few minutes and follow the signs to Poschiavo Valley. At Alpe Selva, 1450 m, it's possible to take a break at Restaurant Selva (an overnight stay is also possible). Continue the descent until you reach the pretty village of Poschiavo (1014m, railway station).

